



Northwest Indiana United Futbol Club
P.O. Box 1175
Valparaiso, IN 46384

U9 & U10-The Learning Player

The soccer players in the U9 and U10 age groups are in what many consider the golden age of learning. These players are starting to learn what their bodies are capable of and can learn new ways of doing things very quickly. These players are just beginning to perceive the game as something they can share with teammates but for the most part are playing for themselves. These players need a lot of **POSITIVE REINFORCEMENT**. They are not yet able to see and understand the game on a large scale so emphasis is on individual skills and working with one or two other players. Players will have the opportunity to play in an environment where the concepts in training are the focus during the games and **NOT WINS**. The Under 9 & 10 player will get the opportunity to explore in every position on the field.

Training

Our Under 9 & 10 curriculum is designed to foster skill development that is anchored with an early focus on 1v1 and 2v2 skills. The skill set that the 1v1 and 2v2 game demands include dribbling, turning, and change of speed and deception. **Danny Jeftich, Luis Prato, Jen Grupe and their staff will be the assigned trainers for this age group.**

- Game Format: 6v6 for U9 & U10
- Tryouts/Evaluations: Early June
- Seasons: Fall (August-early November) & Spring (March-early June)
- Outdoor Training: 2 training sessions per week, 1 hour each, 8-10 weeks.
- Sports Performance: Recommended as introductory for U9 & U10, 6-8 sessions Per season
- Outdoor Games: Northern Indiana Soccer League with approximately 10 Games per season with a season ending tournament
- Tournaments: 1 tournament per season
- Playing Time: ½ game contingent upon 75% attendance at training
Playing positions: mandatory that all players play all positions.
- Coaching Qualifications: NWI United FC Coaching Curriculum Orientation
National Youth License-Recommended
IYSA "E" License-Recommended
- Costs: \$250 per season (includes IYSA registration, training, Referee, GK training, League, tournaments, Sports performance Institute training, Field maintenance, And DOC fees). Cost of uniform additional.